



Alsager Community Support Information Sheet



Regular Groups and Activities in and around Alsager

Monday

Alsager Library

RhymeTime 11am – 11.30am weekly Suitable for pre-school children. Free. Must be accompanied by an adult.

Colour and Chat Circle 2.00 – 4.00pm weekly Free. Drop-in for adults.

Lego Club 3.30 – 4.30pm weekly Suitable for all, children must be accompanied by an adult. Free.

Alsager Civic

U3A Hub 9.30am – 12.00pm during term time. Talk time from 11.15am.

Alsager WI Second Monday of the month.

Christ Church

Big Breakfast 8 – 10am £3 per adult and £1 for school aged children

Parent Chat 10am

Cherubs Toddler Group 1.30 – 3.00pm during term-time 2 per child incl. drinks and snack, max £4 per family.

United Reformed Church

Soup and Sing 1pm – 3pm. Cost £4

St Mary's Church

Crafting Group 4th Monday of the month. 2pm – 4 pm

Dennis Round Court

Afternoon Tea 2pm. Louisa 07771 645409

If you have any information to update this list, please email info@alsagercommunitysupport.org.uk

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Rhema Church, Rode Heath

Knit & Natter Every other Monday from 2pm to 3:30pm incl. refreshments. Suggested donation £1

Church Lawton Memorial Hall

Little Athletes (for healthy wellbeing) 09.30am to 10.15am, 10.30am to 11.15am.

Book in advance, phone 01782 825612.

Strictly Latin Dance Fit Class/Fitsteps. 09.45am to 10.30am.

Book in advance. Phone Mark Farrugia on 07500 588597.

Tea Dances (with Love to Dance) Sequence and ballroom dancing with qualified instructor

2pm to 4.30pm £5 a session. Phone 07980 636274.

Body Control Pilates 5.45pm to 6.45pm. Book in advance. Phone Lisa Shirley on 07816 879095.

Short Mat Bowling Autumn/Winter 7.30pm to 10pm. Phone Jill Cotterall on 01270 883570.

Scholar Green Village Hall

Mothers Union. 1st Monday of the month 2pm to 4pm. Phone Barbara Jones on 01270 874774.

Zumba. All other Mondays 6.30pm to 7.30pm. Phone Michelle Robinson on 07449 048726.

Tuesday

Alsager Library

Children's book club 4pm - 4.30pm. First Tuesday of the month. Free. School age children, who must be accompanied. Donations welcome.

Murder club 2.30pm - 3.30pm 2nd Tuesday of the month. Free. Adults drop-in.

Wesley Place Methodist Church

The Ark Playgroup Every Tuesday 9:45 – 11:30am (Term time only) Parent and child £2.50 Additional child £1 Refreshments included. Contact thearkwesleychurch@hotmail.com

Christ Church

Craft Group 3pm

Tea On Tuesday 3.30pm – 4.30pm Free meal for families, with activities and a short bible story. Term time only.

Alsager Community Church

The Meeting Place (coffee shop) 9:00am- 1:30pm

Alsager Civic Centre

Lunch Club every Tuesday at 12pm for seniors Cost £5 Transport can be arranged. Phone 07513 378398.

Sequence dance club 2pm – 4pm.

13 Club

Alsager Bridge Club 19:00 – 22:00 Table money is £2 for members and £3 for non-members.

Knit and Natter 19:00 – 21:00 Contribution to room hire, depending on number attending.

Alsager Social Club

Coffee Shop 1.00pm – 5.00pm

Church Lawton Memorial Hall

Bereavement Support 9.30am -12.30pm. Keystone. Contact Joyce Key 07936 185328

Keystone For adults living with cancer or serious physical illness and their carers. One to one nurse advice and complementary therapies by appointment. Movement and Balance 10am to 12pm. Nurse advice and complimentary therapies. Bereavement group 1pm to 4pm. Phone Joyce Key on 07936 185328.

Exercise group Tripudio 2pm-3pm. For all levels of fitness, can be done sitting down (for those unable to stand) and is open to all, free of charge.

Clubbercise Exercise by dancing to the best tunes. 7pm to 8.30pm £5. Phone Annabelle Archer on 07506 451969.

Scholar Green Village Hall

DDMIX (aerobic dance/exercise class) 10.45am - 11.30am. Phone Kate on 07746 202179.

Nimble Fingers Friendship & Craft Group 1.15pm – 3.45pm £3.50. Phone Frank and Marion on 01782 784011

Mow Cop Methodist Church

Luncheon Club every Tuesday 12pm to 2pm.

St Luke's Church, Mow Cop

Community choir every Tuesday 7pm to 9 pm. £3 donation. Contact Emma Ford 07590 469363.

Wednesday

Alsager Library

Coffee Morning 10am -12pm Free of charge or donation welcome. 01270 375325.

Alsager Chess Club 10am – 12pm Wednesday weekly. The club will be attending our coffee mornings.

Stories out loud Third Wednesday of month 2.30pm-3.30pm. Free of charge or donation welcome.

Alsager Guide Hall

Alsager Arts Association 1.30 – 3.30 £2 per session Maria 07714 763020

Wesley Place Methodist Church

Midweek Service 11.00am – 1pm Church is open for quiet reflection with a short, informal service at 11:30am. Refreshments available afterwards or bring your own lunch.

The Walking Fellowship meet usually every second and fourth Wednesday in the month.

Toddler Group Tuesday am, (Youth club Tuesdays). Thursday pm (food hub Thursdays)

St Mary's Church

'Tea & Chat' with board games Third Wednesday of the month 2.00pm

Memory Choir Informal singing for people with memory problems, 9am – 11am second Wednesday of the month £2.50 Monthly. Phone Kath on 01270 873975.

Alsager Community Church

The Meeting Place (coffee shop) 9:00am- 1:30pm

Alsager Civic Centre

Parents & Tots Sandbach Children's Centre. Once a month for children up to 5 years old

9.30am – 11.30am Free No booking required

Royal British Legion Coffee Morning every third Wednesday 10am – 12pm Donations welcome

Civic Bingo 1st Wednesday of the month at 6.30pm – 9.30pm £1 to join £2 to play

Indoor market Wednesdays. 8am – 2pm

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13 Club

Alsager Bridge Club 1:30pm – 4:30pm Contact Annie Eardley on 07825 0569077 or afeoug@gmail.com

Alsager Social Club Free Pool in the games room from 4.30pm

Cash Bingo 8.30pm £3.60 for a 6-ticket book of 5 games, and £1.00 for a 6-ticket flyer game

Alsager Fire Station

Alsager carers group 2nd Wednesday of the month 2pm- 4pm. Community room, Brookhouse Rd.

Church of the Good Shepherd, Rode Heath

Warm Wednesday social gathering, tea, chat, games, books every Wednesday 12noon to 5 pm Free

Oakhanger Methodist Church and Community Centre

Ladies Craft Group every Wednesday from 2pm to 4pm Free of charge

Church Lawton Memorial Hall

Body Control Pilates 09.15am to 10.15am, 10.30am to 11.30am, 6pm to 7pm, 7.15pm to 8pm

Book in advance, phone Lisa Shirley on 07816 879095.

Scholar Green Village Hall

Art Group. September to April 7pm to 9pm. Phone Dave Evans on 07970 166423.

Mow Cop Methodist Church

Keep fit group. Phone Anne Coates on 01782 513246.

Thursday

Alsager Library

Games Club Last Thursday of month 2.30pm-3.30pm Free of charge or donation welcome.

Wesley Place Methodist Church

The Dinner Hub 3 – 5pm Free meal. All welcome

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Sparkz Kids Club Yr 2 – 6 5.30pm – 7.00pm during term time. Games, stories, crafts and tuck shop

Ablaze Year 7 - Year 13 7:00pm – 8:30pm Include sport activities, games and lots of chill time

Christ Church

Coffee & Communion First and third Thursday of the month, 10.30am Coffee and cake included Free

Ablaze Youth Club age 11 – 18. Includes free snack and drink and free meal once a month. Term time only.

The 13 club

Stroke survivors group meeting. 10.30am – 12pm. 01270 335061

United Reformed Church

Thursday Afternoon Fellowship 2pm – 3.30pm (Fortnightly). No cost but asked for donation of £1 if able.

Alsager Community Church

The Meeting Place (coffee shop) 9:00am- 1:30pm

Little Treasures 9:30am-11:30am £1.50 for the first child and 50p for each additional child.

Includes a snack (toast and sugar-free juice).

Alsager Civic Centre

Lunch Club every Thursday at 12pm for seniors Cost £5 Transport can be arranged. Phone 07513 378398.

13 Club

Stroke Survivors Group 10.30am – 12:30pm £2 per person incl. refreshments

Geezers Games and chat for men aged 65 and over 1.30pm -3.30pm £2 Phone Kath on 07443 492573.

Alsager Social Club

Knit and Knatter 9.30am - 12.00noon Donations welcome

Milton Park

Buggy Walk First Thursday of the month 10am - 11am. No booking required

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Rhema Church, Rode Heath

Little Tots Baby & Toddler Group Every Thursday from 10am to 11am (During School Term Time). Enjoy a cuppa & biscuits. Suggested donation of £1

Church Lawton Memorial Hall

Discovery Dancing (Belly dance, Ballroom, Latin, Classical), 6pm to 8pm. Book in advance. Phone Helena Insley on 07538 924835.

Scholar Green Village Hall

Inanna Belly Dancing 6.30pm to 7.15pm for ladies aged 18 to 80. Phone Marieanne Griffiths on 07582 023168.

Friday

Alsager Library

Alsager Memory Café Support Group for people with dementia & carers. Last Friday of month 10.30am - 12.30pm. Free. Phone 01270 873975.

Stories and Songs for pre-school children 11am – 11.30am from Friday 4th November Free

Baby RhymeTime 2pm – 2.30pm weekly for babies from 0 to crawling Free

Children's game club 3.30pm – 4.30pm.

Wesley Place Methodist Church

Coffee and Chat A chance for carers /parents /guardians with children with additional needs can come together and chat. Children can join and play. Refreshments available for free.

Christ Church

Chat & Chill 3.15pm – 4.15pm free after school board club for Alsager School students. Term time only. Free hot chocolate & home-made cakes

United Reformed Church

Carry on Dancing Top to Toe exercise Fridays 10.00am -11.30pm £2 incl. refreshments. Phone Valerie on 07817 172052

Alsager Community Church

The Meeting Place (coffee shop) 9:00am-12:30pm

13 Club

Heydays Social fun for the 65s and over including those living with dementia. Friday 2.00pm-4.30pm £3 inc. refreshment. Phone Kath on 07443 492573.

Alsager Social Club

Coffee Shop 9.00am – 12.00pm

Dennis Rund Court

Afternoon tea 2pm. Contact Louisa 07771 645409

St Mary's Church

Toddlers group 10am – 11.30am 1st and 4th Friday of the month.

Scholar Green Village Hall

Scholar Green Babies and Toddler Group 9.15am – 10.15am £2.50 per family inc. drink and a biscuit

See Facebook page for more information.

St Luke's Church, Mow Cop

Free hot meal every Friday 2.00pm - 4.00pm.

St Luke's Larder community foodbank on Fridays. Residents with genuine mobility problems can ask for a lift on 0757 0790 244

Church Lawton Memorial Hall

Body Control Pilates 09.15am to 10.15am, book in advance. Phone Lisa Shirley on 07816 879095.

Saturday

Alsager Library

Family Rhymes and Stories 11.00am - 11.30am First Saturday of the month. Free, drop-in session

United Reformed Church

Coffee Morning First Saturday of the month

Board Games for Mental Health Every third Saturday, 2.00pm – 4.00pm. Free of charge

Alsager Civic Centre

Olive & Stitch Market Third Saturday of the month 9.30am – 1.00pm

Animals in Need Coffee Morning Second Saturday of the month 9.30am – 11.30am

The Plough

Alsager Royal British Legion Breakfast Club Last Saturday of the month, 9.00am – 11am.

£1.50 - £2.50 for a small breakfast, including tea and coffee.

Sunday

Wesley Place Methodist Church

Morning Service 10:30 - 11:30 Adventurers caters for children of all ages, from babies to young adults. We meet at 10.30am (except YouTube Worship Week)

Evening Service 18:30-19:30

Christ Church

Reflective Service 9.00am

Informal Service with worship band & children's groups 11.00 am (refreshments in hall from 10.30)

Prayer 6.00pm – 7.00pm every Sunday

Messy Church one Sunday per month 11.00am – 1.00pm. Includes free lunch for families.

United Reformed Church

Morning Worship & Junior Church every Sunday at 10.30am

Evening Worship (Third Sunday in the month) 6.30pm

St Mary's Church

Holy Communion Face to Face & Live Streamed Service 10:30am

Alsager Community Church

Prayer meeting 9:30am - 10:30am

Worship service & Kids Church 10.30am

13 Club

Alsager Bridge Club 7pm – 10pm

Rhema Church, Rode Heath

Sunday Service Every Sunday 11.00am in an atmosphere of faith & friendship, plus refreshments

Oakhanger Methodist Church and Community Centre

Service 1st and 3rd Sundays 6.30pm. followed by tea/coffee.

Venue Details

Alsager

Alsager Library

Sandbach Road North, Alsager, ST7 2QH

Phone 01270 375325

Wesley Place Methodist Church

30 Lawton Road, Alsager ST7 2AF

Christ Church

35 Church Road, Alsager ST7 2HS

Phone 01270 872291

United Reformed Church

Brookhouse Road, Alsager ST7 2PA

Phone 01260 273873

St Mary's Church

Crewe Road, Alsager ST7 2EW

Phone 01270 879114

Alsager Community Church

5 Lawton Road, Alsager, ST7 2AA

Phone 01270 873859

Alsager Civic Centre

3 Lawton Road, Alsager, ST7 2AE

Phone 01270 879711

13 Club

Cedar Avenue, Alsager, ST7 2PH

Phone 01270 873194

Alsager Social Club

Longview Avenue, Alsager, ST7 2EA

Phone 01270 875065

The Plough

Crewe Rd, Alsager, ST7 2JN

Email alsagerrbl@gmail.com

Milton Park

16 Crewe Rd, Alsager, ST7 2ES

(Sandbach Children's Centre)

Phone 01270 371235

Oakhanger

Oakhanger Methodist Church and Community Centre

Butterton Lane, Oakhanger, CW1 5UU

Phone 01270 882158 or 07999 932963

Rode Heath

Rhema Church,

Chapel Lane Rode Heath, ST7 3SD

Phone 07900 632172

Church of the Good Shepherd

119 Sandbach Rd, Rode Heath, ST7 3TF

Church Lawton

Church Lawton Memorial Hall

Liverpool Road West, Church Lawton ST7 3DA

Please contact Joyce Key before attending the groups on 01270 872157 07936 185328

Mow Cop

Mow Cop Methodist Church

Primitive Street, Mow Cop, ST7 3NH

St Luke's Church

46 Clare St, Mow Cop, ST7 4PE

Scholar Green

Scholar Green Village Hall

Church Lane, Scholar Green, ST7 3QQ

Phone 01782 784011

Useful Information

Alsager U3A

Offers a variety of groups, courses and day trips. Low cost yearly membership required.

Phone 01270 873975

Books on Wheels

Delivers library books/talking books to housebound and isolated people. Phone 01270 375325.

ICare Community Meals

Hot meals delivered to your door www.icarecuisine.co.uk Free phone 01889 584444.

Red Cross Support at Home

Up to 2 weeks' support for shopping/help when family is on holiday. Free phone 01270 255141 ext. 2789

St Vincent de Paul (SVP)

Offers friendship, companionship and practical support to vulnerable people of all ages.

Phone 07510 223337

Talking Newspapers

Local news for people with a visual impairment or disability. Free service phone 01606 760661.

Wishing Well Community Meals

Freshly cooked hot food. 2 courses. Delivered. £4.75 Phone 01270 256919.

Civic Centre

Modern Jive freestyle bi-monthly. Contact David 07718 601358

Strictly Latin dance fit every Monday

Sequence dance every Tuesday. Contact Eddie George 07970 460409

All abilities disco last Friday of the month 1pm – 3pm £3. Contact 01270 879711

Lawton Memorial Hall

Red Pilates. Shirley 07816 879095. Email redpilates@live.com for queries about current courses and availability. Also at IQ Centre & Wellness Rooms.

Twyford House

Sing along for those with memory problems. 2nd Wednesday of each month 2.30pm – 4pm

Richard Woodcock Way, Alsager, ST7 2FD Kath 01270 873975